

Welcome to *Babble Online News*, the weekly e-newsletter for Babble On Toastmasters. *Babble Online News* will keep you informed about Toastmasters activities and events at all levels (Club, Area, Division, District, and International) in **one** weekly e-mail message. So now, if you miss a meeting, you will still know what your friends at Babble On are doing! This e-newsletter will also be posted on the club website (http://babble_on_toastmasters.homestead.com/TMNews.html).

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1. President's Message

Follow Toastmasters:

The last three months of the year are upon us. In three months will be promising ourselves, New Years Resolutions. What we will do for the New Year? I say to you why not start now! Make the thing you would like to accomplish a habit. As Laurel said in her recent speech "write it down".

I see many new members taking on leadership roles in the meeting. I hope that enthusiasm and commitment will progress to leadership roles in our club. Our club elections will be next month, and the club's continued success depends on our members being involved in leadership.

I hope that you all have a great month! Remember to challenge yourself to exceed your personal boundaries, who knows...you may surprise yourself.

Erick Ibarra, President
Babble On Toastmasters

2. Now & Then ~ Babble On This Week and Next Week

Last week's meeting, whose theme was **Reality Shows**, featured new faces and the return of some long time members. We were joined by a guest, Brad, from the State Library's Books for the Blind unit. Bruce gave us the thought of the day followed by Kathleen as our Jokemaster. The Toastmaster was the always entertaining Don Howe, CTM, CL. Don included a cartoon spoofing our recent gubernatorial recall in the genre of the hit reality show "Survivor."

Cherney gave Speech No. 9, "Persuade with Power" about the impact of making choices. Cherney related how decisions, or the lack thereof, and the results are largely within your control. Speech evaluator, Elaine, emphasized Cherney's smooth and confident delivery. Great job Cherney; nine down and one more to go.

Our Table Topics Master was Joe, who asked questions related to several popular reality shows. Participants were Jennifer, Mike, Kathleen, Bruce, Stacy and Brad. Jennifer was voted Better TT Speaker, and admitted she enjoyed watching reality shows especially "The Amazing Race" with her husband.

New Member Mike was Grammarian and selected the word "Dream". He did a fine job of tracking the "ahs" and crutch words. Many of the TT participants were able to work the word into their answers. Martin was the Timer and Erick was the General

Evaluator.

Join us this week in **Room 240** when our meeting them will be **Garage Sales**. We will be viewing the tape of our October 2nd speech marathon made by Kathleen. You won't want to miss it.

3. Babble On Needs YOU!

Club Basket for the Fall Contest: *A-Tisket, A-Tasket...We Need Your Help with Our Club Basket!* Babble On, along with the other District 39 clubs is donating a basket for the raffle at the District 39 Fall Conference (November 14 – 15, 2003).

We already have the following donations: a basket (Mike); a bottle of wine (Rachel), and; a TM license plate holder (Joe). Joe also has suggested a "Patriotic" basket theme, and will give a red- white-blue bow. This is a great start, what can the rest of us give? Club President Erick Ibarra is coordinating the Babble On basket; please contact Erick with donations. Our basket must be complete by **November 6, 2003**, so contact him today by phone (480-6092) or e-mail (erick.ibarra@morganstanley.com).

Club Officers: Yes! It is time for club officer elections for the term January 1, 2004 – June 30, 2004. Our club's leadership is important to its continued success. Each member should consider stepping up to the lectern to serve a term as an officer. Not only will you gain (or enhance) leadership skills and experience, you are accepting the responsibility for the viability of our club. ***We Need You!***

Maybe you're holding back because you have questions. What are the duties of each office? Will I get officer training and a Manual? Can I assist an officer? Don't let questions hold you back; you can contact the current office holder for first-hand insight. You should also contact nominating chairperson Laurel Rigby at 609-7882 or lrigby@henwoodenergy.com), she can answer many questions for you. Elections will be in November, so contact Laurel soon.

4. Education and Training ~ Yahoos & Kudos

Kudos to all who recently completed their C&L manuals, and earned their CTM award. The club will recognize your achievement by purchasing CTM badges for our members who complete the C&L manual. This was voted on by club members at the October 9th meeting.

Coaches' Corner: As we move into Fall and the holiday season, coaches, encourage your members to set goals for themselves! Soon, it will be the perfect time of year to sit by a roaring fire and write a few speeches! What better source for speeches than the holidays; think about your family gatherings or your traditions for this time of year.

Toastmasters Leadership Institute (TLI): The district's monthly educational workshops at TLI are a benefit of your membership. Designed for the new and long-term Toastmaster, TLI offers a variety of subjects and the opportunity to meet other Toastmasters.

Are you looking for some additional leadership training? Need some suggestions for improving your club? Or perhaps you would like some ideas for promoting your club to gain more members? This month's Toastmasters Leadership Institute has 9 classes for you to choose from. Mark your calendars and join us at 855 Howe Ave in Sacramento on Saturday, October 18, 2003. For detailed descriptions and times, check out the District website (http://www.district39.org/Education/TLI_Oct-03.pdf). for a schedule of classes. Classes include: Making Your Club Meeting Run Smoothly; Tips to Speaking Professionally; Creating Lectern Presence - Be Your Best, and; Club Procedure Workshop.

5. The Spirit of Competition ~Fall Speech Contests

At the **Division E** Fall Contest on October 3, 2003, our very own **Martin Tenette** served as the Toastmaster for the Humorous Speech Contest. Martin challenged

himself and did an awesome job. His enthusiasm was contagious. Kudos to Martin for setting a personal goal and achieving it.

Also at the Division Contest, club member and Division E Governor **Tracy Fletcher Bowman** was presented with the "Home Club of the Division Governor" ribbon purchased for her by Babble On. Tracy was pleasantly surprised, and asked that the ribbon be attached to our club banner.

6. Your Opinion Please

Survey: Please take a moment to answer the questions below about our e-news letter and our club's Speech Marathons. Send replies to babble_on_toastmasters@yahoo.com by **October 18th**.

Babble Online News

1. Have you been able to easily read the Babble Online News? Or, is it garbled by your mail server?
2. Can you open the Adobe (.pdf) attachments?
3. Do you prefer attachments in Adobe or Word format?
4. What information or feature would you like to see in the Babble Online News?
5. What, if any information, would you prefer *not* be included

Speech Marathon

6. In general, do you enjoy the club's Speech Marathons?
7. Would you like to have the Speech Marathon's more regularly? For example, we have a Speech Marathon during a month with five Thursdays.
8. What suggestions do you have for the format of our Speech Marathons?
9. What do you like most about our Speech Marathons?
10. What do you like least about our Speech Marathons?

Thank you again for taking the time to reply to this survey. Please submit your reply to babble_on_toastmasters@yahoo.com by October 18, 2003.

Your TM Experience: How has Toastmasters helped you? We want to know! If you have a moment, goal, or achievement to share, please e-mail Lisa Hughes at babble_on_toastmasters@yahoo.com.

7. District 39 Fall Conference ~ Bringing Out the Best in People

Mark your calendar for the District's Fall Conference that will feature District awards, Humorous Speech Contest, Table Topics Contest, and educational sessions. The 2003 Fall Conference will be at the Stockton Inn on November 14 – 15, 2003. If you can make in on Friday November 13th, there will be appetizers and karaoke.

Babble On has paid the club fee for members to attend the educational sessions at no additional charge. But to enjoy the Keynote Breakfast speaker, Lunch, Dinner, and/or contests (Humorous Speech and Table Topics) you must register as an INDIVIDUAL.

Early-Bird (discounted) registration deadline for INDIVIDUALS is October 25, 2003. The registration form is available on the District Website. Updates will be provided here in the *Babble Online News* and on the District website (http://www.district39.org/Fall_Conf/fall_conf.htm)

8. 2004 International Conference ~ Just Up the Hill in Reno

That's right the District 39 is hosting the **2004 Toastmasters International Conference** August 17- 21, 2004! The International Conference location changes annually and this is the first time it's been this close in 10 years....just 2 hours away. Mark your calendar and plan ahead to attend this great conference and the educational opportunities. District 39 will need many volunteers to make the conference a success, so consider volunteering...you can meet even more people this way! Check out the District website (http://www.district39.org/Special_Events/special_events.html, bottom of the page).

9. Announcements & Feedback

Please submit announcements to Lisa Hughes (babble_on_toastmasters@yahoo.com) by noon each Wednesday.

Feedback on format, content, etc. of this e-newsletter are appreciated and welcomed.

10. Unsubscribe & Email Changes

Maybe your inbox is too full and you would prefer to view the *Babble Online News* by downloading from the club website (http://babble_on_toastmasters.homestead.com/TMNews.html). To unsubscribe, send a message to Lisa Hughes at babble_on_toastmasters@yahoo.com, please put UNSUBSCRIBE in the subject line. I hope you will consider downloading the newsletter on our website.

To change your e-mail address, send a message to Lisa Hughes at babble_on_toastmasters@yahoo.com; please put CHANGE OF ADDRESS the subject line.

11. Credits

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Thank you to this issue's contributors: Joe Samora, Erick Ibarra, Cherney Jackson, Martin Tenette